



## PERFORMANCE OF SHATAVARI BASED HERBAL GALACTOGOGUE – MILKPLUS® SUPPLEMENTATION TO CROSSBRED CATTLE OF MALNAD REGION

Sukanya, T.S., Rudraswamy, M.S. & Bharath kumar, T.P.  
Krishi Vigyan Kendra, Mudigere, Chikmagalur district

### ABSTRACT

30 crossbred cattle in mid-lactation were randomly and equally distributed as control (C) and Experimental (E) groups. Milkplus was supplemented to the E group @ 30g/d/animal for a period of 2 months. Supplementation of Milkplus enhanced the milk yield (from 8.26 to 10.11 l/d), milk fat% (3.95 to 4.38), total dry matter intake (from 8.72 to 9.26 kg/d) in C and E groups respectively (P 0.05). Economics indicated that the farmers got extra profit upon supplementation. The extent of estrus induction was 68 and 43% for E and C groups. Hence, it was concluded that supplementation of Milkplus® is profitable for lactating cattle.

**KEY WORDS:** Milkplus, galactagogue, supplement, crossbred cattle, herbal.

### INTRODUCTION

A galactagogue, or galactogogue, (from Greek: galact: milk and gogue: leading) is a substance that promotes lactation in humans and other animals. It may be synthetic, plant-derived, or endogenous (Gabay, 2002). On the run to enhance milk production, indiscriminate and prolonged use of feed additives, vitamins, minerals, hormones, drugs and synthetic compounds have been used develop adverse effects which opens a detrimental platform to normal health and their prices are high, farmers cannot afford to buy them (Ramesh et al, 2000). A list of herbal agents such as Shatavari (*Asparagus racemosus*) has been recommended as galactagogues in veterinary medicine (Pattnaik, 2003) and they have minimal health damage on animals.

### MATERIAL & METHODS

To assess the effect of galactagogues on milk production, 30 crossbred cattle in mid-lactation were randomly and equally distributed as control (C) and Experimental (E) animals. The experiment was conducted in Chikmagalur district located in the Malenad region of Karnataka, receiving heavy annual rainfall of 922 to 3695 mm. Most of the places have adequate green fodder throughout the year and the farmers either allow their animals for grazing or provide the chopped green fodder in the shed itself (Rudraswamy *et al.*, 2012). Milkplus (a herbal formulation from *Celest Pharma labs Pvt. Ltd.*, Devarahasahally, Nelamangala taluk, Bangalore, India) is composed of galactogenic herbs like Shatavari, processed with synergistic herbs and vitamins plus mineral. It was supplemented at the rate of 30g/d/animal for a period of 2 months to animals of E. All the animals were fed homemade concentrate at the rate of 2 kg/animal/day, paddy straw and mixed green grass at the farm. They were housed in well ventilated shed. Deworming, vaccination and other health care were done periodically. Most of the places have adequate green fodder throughout the year and

the farmers either allow their animals for grazing or provide the chopped green fodder in the shed itself. Lactation study consisted of an adjustment period of two weeks was given to all the animals and a lactation study of 2 months was carried out. Meanwhile quality and quantity of milk, daily feed intake, estrus induction in cows were recorded

**Analytical techniques:** The feed materials namely, straw, green grass and other samples were analyzed for proximate principles according to the standard procedures of AOAC (1984). The formula described by Sastry *et al.* (1988) was used to estimate the body weight of the cows fortnightly during the experiment and body condition was assessed using the scale of 1 to 5 (1 poor and 5 excellent) according to the procedure designed by Braun *et al.* (1985). Milk samples were analyzed for fat, total solids, solids-not-fat (SNF), CP and ash (ISI, 1961). All the data were statistically analyzed as per the methods of Snedecor and Cochran (1989) for simple ANOVA.

### RESULTS & DISCUSSION

The proximate composition of the feed ingredients is as given in table 1. Composition of mixed green grass varied within narrow limits. Supplementation of Milkplus @ enhanced the milk yield from 8.26 to 10.11 liters/day and milk fat from 3.95 to 4.38 % in control and experimental animals respectively. The results agreed with the findings of Taylor Preciado *et al* (2011) who observed 8.5% increase in milk production supplemented with herbal galactogogue. Analysis of milk showed that total solids, crude protein, SNF though numerically increased, they were statistically indifferent from the control. The income observed per lactation period were Rs. 62983 and 77089 for C and E group respectively which encashes farmer with Rs. 14106 as extra profit upon supplementation of Milkplus® over C group as supported by studies of Tanwar *et al* (2008). Net income was increased by 18.30% in experimental animals. Body weight of the cows of E

group was significantly higher than control (C) group (P 0.05). Also, total dry matter intake (g/kg BW) were significantly enhanced from 8.72 in C group to 9.26 in E group respectively (table 2) as evidenced by earlier studies in cows (Berhane and Singh, 2002). This may be due to stimulation of feed intake by microminerals, vitamins and better digestibility contributing to increased milk

production (Rick Grant, 1992). Estrus induction was observed that 68% of the E group compared to 43% in control animals. Similar observations were observed by Rudraswamy *et al* (2002) where supplementation of micronutrients by feeding UMMB to grassfed cattle induced estrus in 62% in local cows.

**TABLE 1:** Chemical composition of feeds used for the experiment (%)

Ingredients	Concentrate	Paddy straw
Dry matter	90.82	90.53
Organic matter	91.54	90.32
Crude protein	18.68	4.05
Ether extract	4.65	2.09
Crude fiber	9.68	32.85
Nitrogen free extract	58.53	51.33
Total ash	8.46	9.68

**TABLE 2:** Effect of Milkplus supplementation on feed intake and performance of lactating cows

Observations	Control	Experiment (Milkplus)
No. of cows	15	15
Body weight of cows, kg		
Initial	341±9.38	344±11.26
Final	346±13.19 <sup>a</sup>	356±12.38 <sup>b</sup>
Change in body weight	5	12
Metabolic body weight (kg)	80.22±5.86	81.96±7.21
Body score of cows		
Initial	3.75±0.13	3.75±0.12
Final	3.75±0.11	4.00±0.06
Total Dry matter intake, kg/day	8.72±0.18 <sup>a</sup>	9.26±0.22 <sup>b</sup>
Total dry matter intake, g/kg W <sup>0.75</sup>	108.68±7.88	112.94±8.39
Total dry matter intake, g/100 kg BW	0.252±0.01	0.260±0.01

<sup>ab</sup> means with different superscripts in the row differ significantly (P<0.05)

## CONCLUSION

Supplementation of milkplus enhanced milk quantity, quality and ultimately economy of the farmer. It corrected the nutritional deficiency disorders involving mineral, vitamin deficiency as evidenced by higher percentage of estrus induction in E group. Hence, it was concluded that Milkplus can be used as herbal galactagogue in crossbred cows

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